#### **Cardinal District** Roundtable Agenda 2 November 2023

	2 November 2023		
1.	Opening C	Ceremony	William Paige
II.	Welcome and Introduction		
III.	District Ke	y 3 Updates	
	a. Distric	ct Chair's Corner	Tim Forrest
	b. Distric	ct Commissioner's Corner	Patrick Sperlein
	c. Family	/ Scouting Executive's Corner	Tyler Perkinson
IV.	Program Update Chris Harmon		
V.	Advancement Update		Tom Allen
VI.	Safety Moment – Food Allergies		Patrick Sperlein
VII.	General Session – Future of Roundtable		Patrick Sperlein
		Calendar Events	
		National Events	
29 Jul – 3 Aug 24		National Order of the Arrow Conference	CU Boulder
		Occoneechee Council Events	S
11 Nov 23		Cub Scout Open Shooting and Climbing	Camp Durant
12-15 Jan 24		Winter Blast	Camp Durant
3 Feb 24		Eagle Banquet	McKimmon Center
12-14 Apr 24		Cardinal District Camporee	Camp Durant
		Order of the Arrow	
18 Nov 23		Lodge Leadership Development Seminar	Camp Durant
2 Dec 23		Winter Banquet	Camp Durant
			•
Rasic Adult	Outdoor Lea	Training Opportunities	·
Basic Adult		dership Orientation (BALOO) Cub Scouting	·
10-11 Nov 2	23	dership Orientation (BALOO) Cub Scouting  Cardinal BALOO	Camp Agape
10-11 Nov 2	23 n to Outdoo	dership Orientation (BALOO) Cub Scouting	·
10-11 Nov 2	23 n to Outdoo	dership Orientation (BALOO) Cub Scouting  Cardinal BALOO	·
10-11 Nov 2	23 <b>n to Outdoo</b> i duled	dership Orientation (BALOO) Cub Scouting  Cardinal BALOO	·
10-11 Nov 2 Introductio None Sched	n to Outdoor duled First Aid	dership Orientation (BALOO) Cub Scouting  Cardinal BALOO	·

**Location TBD** 

**Location TBD** 

5-7 Apr 24

4 May 24 (Blended Course)

#### Cardinal District Roundtable Agenda 2 November 2023

5 Oct 24 (Blended Course) Location TBD

First Aid/AED/CPR

3<sup>rd</sup> Thursday of Each Month Council Service Center

**Other Training Events** 

4 Nov 23 University of Scouting Pine Spring Preparatory Academy

9 Dec 23 Outdoor Ethics Guide Training Council Service Center

**Next Roundtable** 

7 December 23 Apex United Methodist Church

# CARDINAL DISTRICT ROUNDTABLE

November 2nd, 2023



The turkeys and pie are this way!





## Roundtable Agenda

#### **General Session:**

- Welcome and Introductions
- Key 3 Moments
- Program and Advancement Updates
- Safety Moment: Food Allergies
- General Session: Future of Roundtable

## **District Chair Update**



Questions: Tim Forrest timothy.forrest@gmail.com



## **District Commissioner Update**



Questions: Patrick Sperlein sperlein@gmail.com



#### **District Status**

#### Current District strength is 74 units

- > 28 Cub Scout Packs
- > 38 Scout BSA Troops
- > 7 Venturing Crews
- ➤ 1 Sea Scout Ship

#### **District Commissioner Topics**

- Please continue to track unit YPT status our District's YPT percentage as of 1 November 2023 is 99.59%
- Please review your BeAScout.org pin to ensure correct information – Unit Key 3 can update the information on my.scouting.org
- Silver Beaver nominations are open. The form can be found on the Council website. Nominations are due 1 December 2023

#### **Charter Renewal Process**

- > Progress
  - > 15 units have started the Recharter process
- Council Recharter Educational Efforts
  - ➤ Informational Website <a href="https://ocscouts.org/recharter/">https://ocscouts.org/recharter/</a>
  - ➤ University of Scouting 4 November 2023
  - Council Charter Renewal Process Review 9 November 2023 (Link: <a href="https://ocscouts-org.zoom.us/j/89022400595">https://ocscouts-org.zoom.us/j/89022400595</a>)
- Charter submission
  - Council asks that Charters be submitted between 2 December and 15 December 2023
- Financial Assistance
  - One form to submit with recharter packet: Scout

## Occoneechee Council

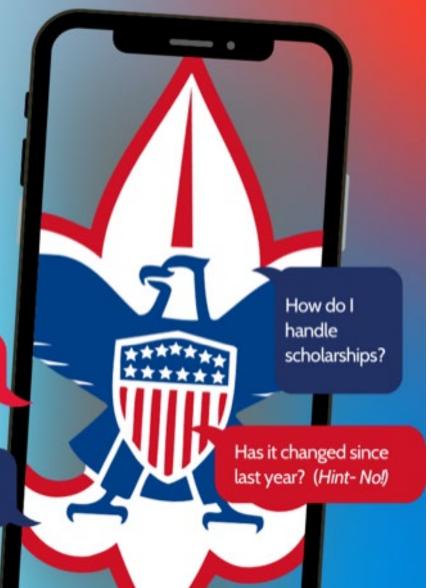
RECHARTER CHAT

> W/ SPECIAL GUEST TIFFANY E.

THURSDAY, NOVEMBER 9TH
7:30 PM
VIA ZOOM

When is our recharter due?

How do I even get started?





#### **Charter Renewal Process**

Office Hours in November – Wednesdays from 8:00 to 9:00 pm

https://meet.google.com/bzi-soho-ugx

#### Charter Renewal Packet Turn-In Nights

- 4 December Apex
  - ➤ Panera Bread 1001 Beaver Creek Commons Dr 6:30 to 8:30 pm
- 6 December Fuquay Varina
  - ➤ Panera Bread 1330 N. Main Street 6:30 to 8:30 pm
- > 7 December Roundtable
  - > Apex UMC During Breakout Sessions
- > 11 December Holly Springs
  - ➤ Blaze Pizza 316 Grand Hill Place 6:30 to 8:30 pm
- > 12 December Cary
  - ➤ Panera Bread 2234 Walnut St 6:30 to 8:30 pm
- > 18 December Garner
  - Panera Bread 15 Cabela Dr 6:30 to 8:30 pm



## Family Scouting Executive Update



Questions:
Tyler Perkinson
Tyler.Perkinson@scouting.org



## **Program**

Vice Chairman Program: Chris Harmon chrisnc00@gmail.com



## District and Council Events: Cub Scouts

11 Nov 23

Cub Scout Open Shooting and Climbing

Location: Camp Durant

Registration Link is open on Council website



The November 10<sup>th</sup>, 2023 episode will cover Cub Scout program changes for 2024/2025. Live streams begin at 2pm Central (3pm Eastern).



## District and Council Events: Scouts BSA, Sea Scouts, & Venturing

12-15 Jan 24

Scouts BSA

3 Feb 24

Scouts BSA

Sea Scouts Venturing

12-14 Apr 24

Scouts BSA Sea Scouts Venturing

6-13 Jul 24

Sea Scouts

Winter Blast

Location: Camp Durant

Registration Link forthcoming

Council Eagle Banquet

Location: McKimmon Center

Registration Link forthcoming

Cardinal District Camporee

Location: Camp Durant

Registration Link forthcoming

NST 15 Commodore's Cruise

Location: TBA

Registration Link forthcoming



#### **2024 Cardinal District Camporee**



Please join us for a fun-filled weekend of camaraderie at this year's Camporee event open to all Cardinal District Scouts. The theme this year is *Adventure Archeology*. We are excited to immerse the Scouts in a 'Diggin' Good Time' with experiences in surveying, excavation, analysis, games, crafts and competitions related to Ancient Scouting History. Scout-appropriate Archeologist attire is encouraged!

When: April 12-14, 2024

Theme: Adventure Archeology

Cost: \$10 per Adventurer

Where: Durant Ranch (Camp Durant)

Camporee Chief: Amelia Beatty
Registrar: Donna Dragon

For more info, contact...

Cardinal-District-Camporee-Group@ocscouts.org



## International Scouting Events

#### https://www.scouting.org/international/calendar/

2023 Fri Oct 20th - Sun 22nd

#### JOTA-JOTI

https://www.jotajoti.info/ World Scouting's longest running global events. Scouting Jamboree on the air or internet to promote friendship ...

2024 Sat Jul 27th - Sat Aug 3rd

#### Essex International Jamboree

https://eij.org.uk/ Large international camp 40 miles outside of London

Boyton Cross, Chelmsford CM1 4LE, UK

2024 Tue Feb 20th - Mon 26th

10th Sri Lanka National Scout Jamboree

Trincomalee, Sri Lanka

2024 Sat Jul 27th - Mon Aug 5th

#### Bavarian Jamboree

https://www.landeslager.bayern/i nternational-guests/? fbclid=lwAR1HSY\_FyGRqmnZcz bBTkRPE3x5f8N87n2QhJKgLCq UbK\_irGl9027dSt40

Königsdorf, 82549 Königsdorf, Germany 2024 Fri Jul 12th - Fri 19th

#### Icelandic National Jamboree

https://skatamot.is/english/

Úlfljótsvatn, 801 Selfoss, Iceland 2024 Mon Jul 22nd - Fri Aug 2nd

#### Roverway

https://www.scout.org/event/rove rwav

Rogaland, Norway

2025 Mon Jan 6th - Wed 15th

#### 26th Australian Scout Iamboree

https://aj2025.com.au/

Maryborough Showgrounds and Equestrian Park, 23349 Bruce Hwy, Maryborough West QLD 4650, Australia 2025 Fri Jul 25th - Sun Aug 3rd

#### 16th World Scout Moot

https://worldscoutmoot.pt/

Buçaquinho Park, 3885 Cortegaça, Portugal

BSA-Contingent

#### **TRAINING**

#### Registered New Leaders?



- 1) Every Scout deserves a trained leader
- 2) BSA guidelines are that Scouters should be trained within 90 days of joining the unit
- 3) Does your Unit have a <u>Plan and Schedule</u> to complete TRAINING?
- 4) When was the last time your Unit conducted an assessment to determine training needs?
  - A) Youth Protection Training 2.0
  - B) Training for new and existing leaders

#### **District and Council Training Events:**

10-11 Nov 23

Basic Adult Leader Outdoor Orientation (BALOO)

Introduction to Outdoor Leadership Skills (IOLS)

Location: Camp Agape

Registration Link on Council Calendar

#### **Other Council Training Events**

4 Nov 23 University of Scouting

Location: Pine Spring Academy

Registration Link will be through Tentaroo on Council website

9 Dec 23 Outdoor Ethics Guide Training

Location: Council Service Center

Registration Link will be through Tentaroo on Council website

#### **Other Council Training Events**

#### First Aid / CPR / AED

This is a blended course; you must complete on-line portion prior to attending

Dates: 3<sup>rd</sup> Thursday of Each Month Location: Council Service Center

Registration Link through Tentaroo on Council website

#### Wilderness First Aid

12-14 Jan 24 (Full Course)	Location TBD
15-17 Mar 24 (Full Course)	Location TBD
5-7 Apr 24 (Full Course)	Location TBD
4 May 24 (Blended Course)	Location TBD
5 Oct 24 (Blended Course)	Location TBD

<sup>\*</sup>Full courses intended for initial certification, Blended courses are intended for recertification

### **Cub Scout Program Tips**

On-line resources available to help plan Cub Scout Pack meetings

Pre-planned Cub Scout Pack meetings can be found at:

https://www.scouting.org/programs/cub-scouts/pack-meeting-resources/pack-meeting-plans/

The files contain completely planned Cub Scout Pack meetings with plans, scripts, songs, games and required resources



# Special Needs and Disabilities Committee

#### **Bi-Monthly Program Meeting**

Who: All Adults with an interest in Special Needs Scouts

When: December 14, 2023

7:00pm-8:00pm

Where: Zoom

https://tinyurl.com/SpecialNeedsMeeting

Topics for December's Meeting:

Cub Crossover to Scouts-BSA Troops









#### **Service Opportunity**

Autism Acceptance Day hosted by Brady Valcho Autism Foundation



November 4th 9am-3pm

Holly Springs Law Enforcement Center

Need adults (and Scouts) to help vendors set up, greet visitors, represent Council at table, assist with event tear down

Sign Up Here

https://tinyurl.com/BradyValcho



Prepared. For Life.





## **Advancement & Recognition**

Tom Allen – District Vice Chair – Advancement <u>ellenandtomjr@nc.rr.com</u>



## **Advancement & Recognition**

- Cub Scouts
  - ➤ Arrow of Light 111
  - ➤ Other Ranks 884
- > Scouts BSA
  - ➤ Eagle Scout 91
  - ➤ Other Ranks 846
  - ➤ Merit Badges 3405
- > Sea Scouts
  - ➤ Other Ranks 2
- > Venturing
  - ➤ Summit 1
  - ➤ Other Awards 15



## **Advancement & Recognition**

- Annual District Awards
  - ➤ Nomination forms are posted to the District Website <a href="https://cardinal.ocscouts.org/awards/">https://cardinal.ocscouts.org/awards/</a>
  - ➤ All nominations will be due at 11:59pm on 1 January 2024
  - Awards will be presented at our February Roundtable held on 1 February 2024

## Recognition Opportunities for Eagle Scout Courts of Honor



Dave Gardener gardener1941@att.net 919-810-2786



Sandra Edens (Post 124) edens.sandra@gmail.com 919-249-6974



Ryan Briggs
<a href="mailto:dryanbriggs@gmail.com">dryanbriggs@gmail.com</a>
801-854-8137

## **Safety Moment**

## **Food Allergies**



## **Safety Moment Summary:**

According to Food Allergy Research & Education (FARE), one in every 13 children has a food allergy. Every 3 minutes, a food-allergy reaction sends someone to the emergency room. And while the responsibility for management of a food allergy lies with the individual or the individual's parent or guardian, all of us need to be ready to assist in preventing — or helping in response to — a reaction.

A food-allergy reaction happens when the immune system overreacts to a food protein. A reaction can range from mild to severe. In the U.S., the most common food allergens are milk, eggs, peanuts, tree nuts, soy, wheat, fish, shellfish and sesame seeds. However, any food might cause an allergic response, and many people are allergic to more than one food. Also, initial food-allergy reactions can occur at any time.

A food allergy should not be confused with a food intolerance. An intolerance is when someone cannot digest a component of a food, such as lactose, a sugar found in milk. An intolerance may cause abdominal cramping or diarrhea but is not life-threatening.

#### **General Information:**

- Food allergies can start in childhood or adulthood. Mild reactions might involve only a few hives or minor abdominal pain, though some reactions progress to severe anaphylaxis. The only way to avoid an allergic reaction is to avoid the foods that cause signs and symptoms. However, despite our best efforts, anyone at any time might encounter a food that causes a reaction.
- For a minor allergic reaction, over-the-counter or prescribed antihistamines (such as Benadryl) might help reduce symptoms. These medications can be taken after exposure to an allergy-causing food to help relieve itching or hives. Follow guidance from the person's personal health care provider.
- However, antihistamines can't treat a severe allergic reaction. For a severe reaction, someone will likely need an emergency injection of epinephrine (such as from an EpiPen or Auvi-Q) and require a trip to the emergency room. Many people with allergies carry an epinephrine auto-injector. This device injects a single dose of medication when pressed against the thigh.

# What to do if someone has a food allergy:

- ➢ If someone has a food allergy, they must be diligent about avoiding allergens. They must always read all food labels before eating or drinking any food. Even tiny amounts of an allergen can cause an allergic response.
- When preparing food, prepare food for people with allergies on a separate, clean surface to ensure there is no cross contamination. Start with clean hands and use separate and clean utensils and cooking tools, such as toasters.
- For some people, bringing their own foods can be easier and safer when eating with a group. If you or someone in your unit has food allergies, be sure to review the Food Allergy Guidance and the other resources below before planning any event that includes food.

#### **Additional Resources**

- Food Allergy Research and Education
- Academy of Nutrition and Dietetics
- Mayo Clinic Food Allergy
- BSA Food Allergy Guidance

#### **General Session**

### **Future of Roundtable**

## **Background**

- Why do we have Roundtable?
  - ➤ Roundtables provide unit leaders with the **skill to do** and the **will to do** what is needed to ensure that every member of every unit has a great Scouting experience.
- Who is involved in putting on Roundtable?
  - > Commissioner Service
  - District Committee Members
  - Commissioned Professionals
  - ➤ Volunteer Leaders (YOU!!!)

#### **Future of Roundtable**

- How can we continue to make Roundtable worth your time in 2024?
  - ➤ What do your scouts need you to learn?
  - What do you need to learn to grow in your position(s)?
  - > How can we help you learn those things?
    - > Demonstrations?
    - Guest Speakers?
    - > Discussions?

What are your thoughts on this matter?



#### **NEXT DISTRICT ROUNDTABLE**

Our next Roundtable will be on December 7th, 2023 at 7:00 pm

### **Breakout Sessions**



**Kelly Bradbury and Eric Simpson: Bridging from Packs to Troops** 



**Ed Walsh: Camping Activities** 

Jim Fuller: G-Troop High Adventure Networking



Des Nazareth: Top of Mind Opportunities and Challenges